

Two Left Feet Orlando

Where to Dance around Orlando Florida

www.TwoLeftFeetDanceLessons.com

[email for more information or call 407-715-6481](mailto:info@twoleftfeet.com)

Diana Jo Rossano's Ballroom Dance definition:

Waltz & Foxtrot are danced in the line-of-dance (counter clockwise around the perimeter of the dance floor) Dances Include: Bolero, Cha cha, Hustle, Rumba, Salsa Dancing, Samba, Swing, (East Coast & West Cost Swing), Tango. Usually one dance mixer. (change partners)

Beardall Senior Center - Thursday & Saturday Evening Dances

7:30 p.m. to 10:00 p.m. Planned & supported by the City of Orlando

Attend with your own partner or plan a group outing. Geared for Seniors: Big band and slower-paced music. An opportunity to be the snot-nosed kid at the dance. Very friendly and inspirational dancers!

800 South Delaney Avenue

Orlando, Florida 32806

More information: (407) 246-2637

Dance Club of Central Florida – Every Sunday from 3:30 p.m. to 6:30 p.m.

Secret Lake Park Recreational Center

Near Seminola & Secret Way

Casselberry, Florida 32707

More Information: 407-263-8593

Website: <http://www.danceclubofcentralflorida.com>

Dance Orlando – Three Friday evenings per month - 7:30 to 11:30 p.m.

311 Dane Lane

Longwood, Florida 32750

More Information: (407) 830-5523

website: WWW.DanceOrlandoClub.com

Elite Ballroom – Every Wednesday 8:00 –10:00 p.m.

635 Primera Blvd.

Lake Mary, Florida 32746

More information: 407-716-3949

Longwood Ballroom – Two Fridays a month - 8:00 p.m. to 10:00 p.m.

644 Florida Central Parkway

Longwood, Florida 32750

More Information: 407-339-8880

www.longwoodballroom.com

Mark's Street Senior Center - Tuesday, Wednesday & Friday Dances

7:30 p.m. to 10:00 p.m. Planned & supported by the Orange County Parks & Recreation

2nd Friday of the month is a tea dance 1:30 to 3:30 p.m. Band plays music.

Attend with your own partner or plan a group outing. Geared for Seniors: Big band plays slower-paced music. An opportunity to be the snot-nosed kid at the dance. Very friendly and inspirational dancers!

99 East Marks Street
Orlando, Florida 32803
More information: (407) 245-0921

Nanette Sweet Hosts Ballroom Dance – various Saturdays of the month
First Christian Church
2565 E Kaley Avenue
Orlando, Florida 32808
For more Information: 386-532-2624
Website: <http://nannettedance.com>

USA Dance: (normally – 3rd Friday of the month – check website or call)
Bahia Shrine Auditorium
2300 Pembroke Dr.
Orlando, Florida 32810
7:30 lesson. 8:00 to 11:00 p.m. dancing
More information: John Davis - 407-644-6286
Website: www.usadance.org

Diana Jo Rossano's Salsa Dance definition:

Primarily salsa music is played. Possible other dances: Merengue, Cha cha & Bachata

Blue Martini – Thursday evenings at 8:00 p.m. band, 11:30 p.m. DJ
4200 Conroy Rd Suite H-246
Orlando, FL 32839
More Information: 407 226 1511
Website: <http://www.bluemartinilounge.com>

Latin Quarter at City Walk, Universal Studios, Orlando
Thursday, Friday & Saturday 10:00 p.m. to 2:00 a.m.
Orlando, FL 32819
More information: (407) 224-2800

Roxy's Wednesday & Sunday evenings at 10:00 p.m.
740 Bennett Road
Orlando, FL 32803-5202
More Information: www.roxyorlando.com
407) 898-4004 (announcement) press O (sometimes you get a real person)

Salsa Heat Dance - Fourth Saturday of the month
Dance Orlando
311 Dane Lane
Longwood, Florida 32750
Second Sunday of the month – Salsa Social & Practice Party
More Information: <http://www.salsaorlando.com/>

Tavern on the Lake – Friday evening at 11:00 p.m. – 2:00 a.m. Latin night
6996 Piazza Grande Avenue
Orlando, FL 32835
More Information: <http://www.tavernorlando.com/>
(407) 233-2900 or (407) 293-6233

Why Not Lounge – Wednesday’s at 9:30 p .m. is Latin Night
Merengue, Salsa, Bachata
Clarion Inn
230 W State Road 436
Altamonte Springs, Florida 32714

Diana Jo Rossano’s Night Club Dance definition:

Free style dancing for fast music – I call this “wiggle dancing.” Some of the fast dances can be done with a partner, this is sometimes called a “Hustle.” Swing dancing is more like the 50’s & 60’s couple dancing. Other dances sometimes at a night club style dance: cha cha, slow dancing or sometimes called, “slouch & sway.” Night club two step, for a slow song, too.

Church dances by Interfaith Singles – <http://interfaithsingles.com/>
Saturday nights (Yes, couples attend, too.)

1st Saturday night: First Saturday Dance United Methodist Church 4851 South Apopka Vineland Road Orlando FL 32819 8:00 pm \$8.00 Fellowship Hall More Information: Mary Monteleone, 321-663-8876

2nd Saturday night: Dance Orlando, lesson 7:30 p.m. – dance 8:00 p.m. to 11:00 p.m.
311 Dane Lane
Longwood, Florida 32750
More Information: (407) 830-5523
www.DanceOrlandoClub.com

3rd Saturday night: St. Andrew’s Catholic Church – starts 7:30 p.m.
801 N Hastings Street
Orlando, FL 32808-7097
More Information: (407) 293-0730

4th Saturday night: no dance –some singles go to Dance Orlando

5th Saturday night: Dance Orlando, lesson 7:30 p.m. – dance 8:00 p.m. to 11:00 p.m.
311 Dane Lane
Longwood, Florida 32750
More Information: (407) 830-5523
www.DanceOrlandoClub.com

Route 46

4316 W. State Road 46
Sanford, Florida 32771

Gigantic venue: three restaurants (the Saloon has a bar, too. Upscale bar closes at 11:00 p.m. on Friday and Saturday nights) and the outside bar (Garage Bar) has live entertainment and a dance floor. Lots of free-style dance, but you can couple dance if you like to be watched. Oink to all us “hams.”

More Information:

Website: <http://www.route-46.com>

Phone: 407-268-4646

Diana Jo Rossano's definition of Swing Dancing

Swing is a broad term for this style of couple dancing. Like saying, "Apple." There are different types of apples: Granny Smith, Gala, Red Delicious, etc. There are many types of swing, too. Lindy hop named after Charles Lindbergh that "hopped" the Atlantic back in 1927 is an extremely fast music. East Coast Swing that looks more like the dance from "Happy Days" of the 50's & 60's music. West Coast Swing, that is danced to blues to pop music.

Beardall Senior Center - 4th Wednesday Swing Band Dance

7:30 p.m. to 10:00 p.m. Planned & supported by the City of Orlando

Attend with your own partner or plan a group outing. Geared for Seniors: Big band and slower-paced music. An opportunity to be the snot-nosed kid at the dance. Very friendly and inspirational dancers!

800 South Delaney Avenue

Orlando, Florida 32806

More information: (407) 246-2637

Dance Orlando – Swing/Country Western Dance – 1st Saturday of the month

East coast swing, west coast swing (majority of music) country/western two step, cha cha, and night club two step.

Lesson 7:30 p.m. – dance 8:00 p.m. to 11:00 p.m.

311 Dane Lane

Longwood, Florida 32750

More Information: (407) 830-5523

www.DanceOrlandoClub.com

Swing Era Productions 2nd & 4th Saturday 8:00 p.m. to 11:00 p.m.

Mostly Lindy-Style dancing

Whirl & Twirl Dance Club

6949 Venture Circle

Orlando, Florida

More Information: www.Orlandoswing.com

(407) 947-8218

UCF Swing Club, Fridays at 8:00 p.m. to 12:00 a.m.

Mostly Lindy-Style dancing

UCF Education Building, Multipurpose Room #174 off Alafaya Trail

More Information: <http://www.swingknights.org>

West Coast Swing Dance – 3rd Saturday of the month

Mostly West Coast Swing. Other dances include: cha cha, east coast swing, country/western two step, nightclub two step, waltz and occasional salsa.

Whirl & Twirl Dance Club

6949 Venture Circle

Orlando, Florida

More Information: <http://floorplayswing.com/>

(407) 370-0097

Why Not Lounge – Wednesday's & Sundays at 7:00 p.m.
Swing, cha cha, hustle, west coast swing and slow dance.
Beach Boppers, Orlando Club
Clarion Inn
230 W State Road 436
Altamonte Springs, Florida 32714
More Information: <http://www.beachboppers.com/>
(407) 671-1197 Jerry Munson, President of the club

Diana Jo Rossano's definition of Argentine Tango

If you love Tango, sometimes called "Milongas." you have found a group of people to share your desire to Tango the night away. The Argentine Tango is a variation of the tango. The ballroom dance studios do NOT play this variety of the Tango. If you want Argentine, this is the only place I know that dances it.

The Orlando Tango & Milonga Dancing Studio – Saturday nights at 8:30 p.m.
5840 South Orange Avenue
Orlando, Florida 32809
More Information: 407-908-2448 – Hector Barbara
Website: <http://www.tangoenorlando.com>

Diana Jo Rossano's definition of Country Western Dancing

If you like Country Western music, you have found a great place to dance to your music. Dances you may want to know: Nightclub two step (slow dance), Cha cha, triple two step, east coast swing, west coast swing and Country Western two step.

Cowboys
1315 Monte Carlo Trail
Orlando, Florida 32805
www.cowboysorlando.com
Open Thursday through Saturday 8:00 p.m. to 2:00 a.m.

Country Western style of dancing

Smoking is allowed at this bar. I've been told that the ventilation system is not very good. I haven't tried this location.

The Barn
1200 South French Avenue
Sanford, Florida
407-324-2276
<http://www.thebarninsanford.com/>
Wednesdays - Line dancing lessons at 7:00 p.m. \$5.00 cover charge
Fridays - Couple dancing lessons at 7:00 p.m. \$5.00 cover charge

Country Western style dancing

Smoking is allowed at this location. There is a "Non-Smoking seating Section."

Jessie Black Saloon
333 Oakridge Road
Orlando, Florida 32809
407-852.9711

Wednesday, Friday and Saturday 8:00 p.m. to 2:00 a.m.

www.Jessieblacksaloon.com

7:00 p.m. Wednesdays - Line Dancing Lessons \$5.00 cover charge.

[Country Western style dancing](#)

Smoking is allowed at this location. I was told this place has a good ventilation system.

Rodeos

2600 Old US Highway 441

Mount Dora, FL 32757

352-735-5100 for more information.

Thursday: \$5 dollar cover ladies \$10 cover guys all u can drink from 10 p.m.-1 a.m. bikini contest at midnight Friday: ladies night ladies no cover and drink free wells and wine from 9 p.m.-midnight Saturday

[Download this entire list now:](#)

If you have information to add to this list, please let me know.

See you on the Dance Floor!!